

# Pregnant? Think! Don't Drink!



- Pregnant women should **NOT** drink alcohol
- Drinking alcohol during pregnancy hurts the baby
- Sexually active women should not drink if they could be pregnant
- Women who drink alcohol during pregnancy should see a doctor right away

## Talk to your Ob-Gyn



A message from:  
The American College  
of Obstetricians and  
Gynecologists, District II  
[www.acogny.org](http://www.acogny.org)

